

GAYLE NOWAK

TRANSFORMATIONAL SPEAKER &
VISIBILITY COACH

ABOUT GAYLE

Even though she's always been a natural communicator, Gayle admits that as a child she learned to make herself invisible in order to feel safe. Despite that, hints of her ability to touch audiences emerged when her 4H and youth group leaders consistently tapped her to lead performances, deliver testimony and speak from the heart.



Gayle's adult journey to heal her childhood trauma and visibility wounds has led her to create direct, yet tender spaces for audiences and clients committed to being authentically seen, heard and felt for the work that wants to come through them.

As a transformational speaker and coach, she now shifts audiences of world-changing entrepreneurs, healers and New Earth leaders out of outdated patterns and into new possibilities. She weaves the topics of visibility, leadership and spirituality with storytelling, transformational coaching, energy work and experiential learning to guide audiences back to self-love and self-leadership so they can honor their soul.



WHAT OTHERS ARE SAYING...

“ GAYLE IS A POISED, PROFESSIONAL AND POLISHED EXPERT SPEAKER. SHE IS NOTHING SHORT OF DEEP, INSPIRING AND AUTHENTIC. I LOOK FORWARD TO WORKING WITH HER EVERY CHANCE I GET.

- ANNA PEREIRA, FOUNDER THE WELLNESS UNIVERSE

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GET IN TOUCH

EMAIL: GAYLE@THESTORYSTYLIST.COM

WEBSITE: GAYLENOWAK.COM

BOOKING PAGE: GAYLENOWAK.COM/SPEAKING

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SPEAKING TOPICS

Lead with Soul: New Earth Values Changing the Way We Do Business and Life

New Earth leaders are birthing new systems and ways of being that are intended to uplift humanity and transform the world for the greater good from this point on. Individually and collectively, humans are releasing old beliefs and leadership values in order to rise as Divine creators and soul-aligned leaders birthing this new era.

- Learn about the concept of New Earth and your role in creating it
- Discover the key New Earth values already shifting businesses, shaping society and transforming systems during this evolutionary time
- Access a new possibility to lead in your own, divinely assigned way

Gifts of the Healing Heart: Inner Work Changing the Way New Earth Leaders Approach Visibility

Visibility blocks can hide out in your energy field, interfering with your results *despite* your inspired vision, clear goal and succinct marketing strategy. Healing your heart is the key to shifting out of frustration and procrastination and into focus, inspiration and motivation.

- Discover why healing your heart sets you up for success
- Actively feel emotions in a safe, loving and non-judgmental setting designed to move stuck energy keeping you from being seen, heard and felt from a place of connection
- Feel empowered to be yourself, speak what's true for you and receive whatever comes

Unlock the Magic in Your Personal Story

Your story gives you clues to your energetic alignment, and it's often one of the most challenging things to see clearly for yourself. When we have lived our stories, we often relate to the experience from old energy and how we experienced it as our younger self.

- Gain new awareness of the type of presence you have
- Experience a breakthrough in how you're showing up when you share your story in front of a room
- Recognize what makes you interesting and relatable to others (it's often not what you think)

Create Your Visibility Sourcefield™

Everything we observe and experience comes through the filter of our own energy field. When you know how to change your energy first, you will know how to consistently create aligned results.

- Learn a unique method to create energetic upgrades that turn visibility blocks into your most authentic expression.
- Reveal the hidden truth(s) of what keeps you from achieving your desired results
- Identify the old patterns you are ready to release and the new energy you are ready to receive